INTRODUCTION

The Bachelor of Science in Human Services is a carefully articulated program providing the academic and experiential background for the student seeking a career working with people in the varied and expanding field of human services. An application-oriented major, it is based on a synthesis of knowledge from several social sciences, together with methodologies of intervention at the individual, group and community levels. Human services graduates are educated to respond in an informed way to identifiable human service needs in a variety of settings. The program’s orientation and its synthesis of knowledge from many background disciplines, as well as its focus on the development of specific methods and practical skills to apply this knowledge, give it a unique perspective.

The Human Services major is structured around four interrelated components: theoretical foundations/intervention strategies; client population/cultural diversity; research/evaluation; and skill development/field experience.

About half of the graduates of the Human Services program go on to graduate programs, typically in social work, counseling, psychology, gerontology, public administration or education. A human services professional may provide direct services to clients, supervise personnel, administer programs and develop policies, and/or deliver support services to professional staff. Sample career options for Human Services graduates include adoption counselor, AIDS services case manager, child protective service worker, human services agency administrator, parent educator, policy analyst, probation officer, social service employee, youth counselor and behavior specialist.

LEARNING GOALS AND STUDENT LEARNING OUTCOMES

The following goals and learning outcomes have been established for students pursuing a degree in Human Services:

Intellectual inquiry, critical thinking, and problem solving
- Understand, interpret, and analyze relevant theories, research design, sampling methodology and measurement
- Evaluate human services programs and critique information provided by media and other primary and secondary sources
- Integrate and evaluate information to draw reasonable conclusions based on evidence
- Articulate ideas, taking into consideration purpose, audience and presentation mode

Professional, reflective, field-based practice with culturally diverse populations in changing communities
- Demonstrate interviewing, case management, crisis intervention, assessment, and cultural competence skills
Exhibit knowledge of the purpose, structure and processes of community organizations and government agencies focused on human services through the lifespan, and demonstrate an ability to use that knowledge effectively to serve and enhance diverse communities

Understand that the needs of populations are multifaceted and dynamic and are best addressed from a collaborative, reflective, and interdisciplinary approach.

Communication and information technology skills

- Demonstrate collaborative communication with individuals, families and communities
- Articulate knowledge and skills to communicate effectively about human services issues using written and oral communications
- Use information technology to support human services delivery and implementation

BACHELOR OF SCIENCE IN HUMAN SERVICES
(120 UNITS)

The Bachelor of Science in Human Services requires 54 units in the major, including 36 units of required core courses, plus 18 units of adviser-approved courses related to one’s anticipated professional specialization.

Majors must achieve a “C” (2.0) or better in all courses included in the core curriculum and in the advisement track. It is the student’s responsibility to consult the department academic adviser at least once during each of her/his first two semesters on campus to develop a study plan identifying courses for the advisement track.

Community College Transfer Students

Community college transfer students may apply a maximum of 12 units of coursework in human services and related fields towards the total of 54 units. Transfer of any units must be approved by the department adviser. For transfer students with a certificate in Substance Abuse, Domestic Violence or Gerontology, up to 18 units of coursework in human services may be applied to the total of 54 units.

Required Core Curriculum (36 Units)

_Theoretical Foundation/Intervention (9 units)_

- HUSR 201 Introduction to Human Services (3)
- HUSR/COUN 380 Theories and Techniques of Counseling (3)
- HUSR 310 Case Management (3)

_Client Populations/Cultural Diversity (9 units)_

- AFAM/HUSR 311 Intracultural Socialization Patterns (3)
- CAS 312 Human Growth and Development (3)
  OR PSYC 361 Developmental Psychology (3)
- PSYC 341 Abnormal Psychology (3)
  OR SOCI 351 Sociology of the Family (3)

_Research/Evaluation (9 units)_

- HUSR 315 Research and Data Management in Human Services (3)
- HUSR 385 Program Design and Proposal Writing (3)
- HUSR 470 Evaluation of Human Services Programs (3)

_Skills Development/Field Experience (9 units)_

- HUSR 396 Practicum Seminar (2) and HUSR 396L Practicum (1)
- HUSR 495 Fieldwork Seminar (2) and HUSR 495L Fieldwork (1)
- HUSR 496 Internship Seminar (2) and HUSR 496L Internship (1)

_Note:_ The practicum/fieldwork/internship courses (HUSR 396 and 396L, 495 and 495L and 496 and 496L) must be taken in sequence. Only one fieldwork course may be taken in a given semester. Students may substitute one semester of HUSR 490 for a fieldwork course.

Required Advisement Track (18 units)

In addition to the core, the human services degree program requires each student to select, in consultation with an adviser, an 18-unit advisement track in the area of her/his anticipated professional specialization. Advisement tracks include:

_Mental Health Track (Emphasis in counseling and social work)_

Prepares students for entry-level career options such as adoption counselor, client advocate, social service employee, youth counselor and parent educator, and for graduate work in counseling, social work, clinical psychology or marriage and family therapy.

_Administration and Community Practice Track_

Designed for students wishing to pursue careers and/or graduate study in human services agency administration, community organization, social policy and planning; prepares students for entry level career options such as outreach worker, fundraiser, grant writer and data manager.

_Gerontology Track_

Developed for students interested in working with the elderly population as a geriatric caseworker or client advocate and graduate work in gerontology.

_Substance Abuse Treatment and Prevention Track_

Designed for students who are interested in careers such as drug and alcohol counselor and rehabilitation case manager. Once students complete a Bachelor’s Degree in Human Services with this track, they are eligible to take the California Association for Alcohol/Drug Educators Certification Exam.

_Elementary Education Track_

Designed for students who are interested in pursuing an elementary teaching career.

_Persons with Disabilities Track_

Developed for students interested in working with physically and/or developmentally disabled population in human services or educational settings.
Individualized Advisement Track

Students may develop their own track in consultation with the Human Services Department Faculty Adviser

Note: HUSR 300 is required in the Mental Health advisement track and should be taken early in the program.

MINOR IN HUMAN SERVICES (21 UNITS)

The minor in Human Services may be of interest to students preparing for careers in the helping professions, as well as students with a personal interest in this field. The minor provides a structured selection of courses offered by the program that can complement other majors and minors by providing practical applications of theory, foundations, self-exploration and supervised fieldwork in a human services setting.

Required Foundation Courses (9 units)

HUSR 201 Introduction to Human Services (3)
HUSR 311 Intracultural Socialization Patterns (3)
HUSR 380 Theories and Techniques of Counseling (3)

Electives (3-9 units)


Fieldwork (3-9 units)

HUSR 396/396L, 490, 495/495L, 496/496L

Equivalent practicum/internship course from a related University department.

HUMAN SERVICES COURSES

Courses are designated as HUSR in the class schedule.

196 Student-to-Student Tutorial (1-3)

Prerequisite: approval of Department Chair. Tutoring experience with peers needing special assistance on a one-to-one basis or in small group settings. Credit/No Credit only; does not count toward the Human Services major/minor or G.E. requirement.

201 Introduction to Human Services (3)

Origin and scope of human services, including theoretical frameworks, the functions and activities of human services organizations, and the roles and related skills of human services workers.

300 Character and Conflict (3)

Prerequisite: consent of instructor at first class meeting. Experiential, theme-oriented class exploring life choices in the struggle for personal autonomy. Themes include body image, sex roles, love, sexuality, intimacy, marriage, loneliness, death, meaning and values. Credit/No Credit only.

310 Case Management (3)

Pre- or corequisite: HUSR 201. Principles and critical issues in case management, along with the various models of service delivery. Special attention given to the diverse populations utilizing case management systems. Collaborative and interagency services will be examined. One or more sections offered online.

311 Intracultural Socialization Patterns (3)

(Same as AFAM 311)

315 Research and Data Management in Human Services (3)

Prerequisites: completion of General Education (G.E.) Category B.4 and HUSR 201. Basic research and assessment skills appropriate to the delivery of human services. Introductory skills relating to library search techniques, evaluation of research articles, computer based data analysis, tracking of client progress and implications for human services. One or more sections offered online.

318 Human Services for Immigrants and Refugees (3)

Pre- or corequisite, HUSR 201 or equivalent or 311. U.S. immigration policy for newcomers; stressors and cultural influences on coping behaviors and explores culturally sensitive models of human service delivery with an emphasis on Southeast Asian, Latino and Soviet immigrants and refugees. One or more sections offered online.

350 Leadership Skills and Personal Development (3)

Prerequisites: completion of G.E. Categories A.1, A.2, D.1. Leadership concepts and skills, including psychological process, conflict resolution, counseling and human service skills. Help students become aware of their personal leadership styles; maintaining vitality through physical and mental health will be stressed. One or more sections offered online. (Same as COUN 350)

380 Theories and Techniques of Counseling (3)

Prerequisites: junior/senior standing and completion of G.E. Category D.1. Contemporary theories and techniques of counseling. Counseling process, comparison of various theoretical approaches, introduction to professional and ethical issues. Taught partially online. One or more sections offered online. (Same as COUN 380)

385 Program Design and Proposal Writing (3)

Prerequisites: HUSR 315 or an elementary social science statistics course, HUSR 396 and 396L. Techniques of program design, budgeting and staffing of human service programs; proposal writing and fund development methods; survey of needs assessment procedures. One or more sections offered online.

396 Practicum Seminar (2)

Prerequisites: HUSR 201 or equivalent and HUSR 380 or 310. Corequisite: HUSR 396L. Functions and structure of human services agencies; interrelationships with community services; the role of the human services worker; ethical, legal and professional issues. One or more sections offered online.
306L Practicum (1)
Prerequisites: HUSR 201 or equivalent and HUSR 310 or 380. Corequisite: HUSR 396. Field placement in one or more human service agencies for a minimum of eight hours per week. Credit/No Credit only.

400 Ethical and Professional Issues in Human Services (3)
Prerequisite: HUSR 201 or 380. Ethical, legal and professional issues facing the human services worker. Designed to teach a process of ethical decision-making and to increase awareness of the complexities in practice. Offered online only. (Same as PHIL 400)

410 Crisis Intervention for Para-Professionals (3)
Prerequisite: HUSR 201 or equivalent. Theories and techniques of short-term intervention and subsequent referral procedures. Topics include suicide, battering, AIDS, rape, death, dying and human-induced disasters in the community.

411 Human Services Delivery to Communities (3)
Prerequisite: AFAM/HUSR 311. Provides a framework for identifying the human service needs of varied community groups and focuses on the utilization of this knowledge about those groups in order to develop effective service delivery strategies. One or more sections offered online.

412 Gerontology in Human Services (3)
Prerequisite: HUSR 201 or equivalent. Gerontology and human services practice and policy focusing on historical developments and content of key social, legislative and governmental programs designed for older adults, including the Social Security Act, Older Americans Act and Medicare. Offered online only.

415 Treatment Issues in Drug Addiction (3)
Prerequisite: HUSR 380. Treatment issues and theoretical models involved in the treatment of drug dependencies. Emphasizes specific effects of different drug classifications; understanding drug cultures; women, children and elderly addiction; co-dependency and enabling.

416 Group Process and Membership (1)
Prerequisites: HUSR 300, 380. Didactic and experiential overview of stages of group development, impact of members on group identity, group member and leader issues. Survey of various counseling groups. May be repeated for credit. Credit/No Credit only.

420 Human Services Management (3)
Corequisite, HUSR 201. Issues in administration and management of human services in community agencies. Topics include assessing client needs, designing human service delivery systems, program budgeting, marketing strategies, accountability and improving program management. Offered online only.

425T Contemporary Issues in the Human Services (3)
Prerequisite: HUSR 201 or equivalent. Systematic study and theory, research findings and intervention strategies related to contemporary issues faced by paraprofessional human service workers. May be repeated for credit under different topic. Offered online only.

430 Child Abuse and the Human Services (3)
Prerequisite: HUSR 201 or equivalent. Types and symptoms of abuse, assessment techniques, legal and ethical issues, family dynamics pertaining to children, adolescents and adults abused as children. Special topics include networking and referral, utilizing community resources and prevention. One or more sections offered online.

434 Physiological Effects of Alcohol and Other Drugs (3)
Prerequisite: HESC 321 or equivalent. Pharmacological actions of drugs of abuse and how these relate to the physiological, psychological and behavioral effects of such drugs. Properties of recreational, “street” drugs and of prescription drugs that lead to abuse and/or dependence are covered. Not available for use on a graduate study plan. One or more sections offered online.

435 Drug Abuse Prevention and Early Intervention (3)
Prerequisite: HESC 321 or HUSR 415. History, theories and models in the drug prevention field. Theoretical foundations and conceptual frameworks that have been used in the field will be presented. Major research and evaluation outcomes on the effectiveness of prevention strategies are examined. Not available for use on a graduate study plan. One or more sections offered online.

436 Dynamics of Substance Abuse Treatment in Families (3)
Prerequisite: HESC 321 or HUSR 415. Explore and apply methods of assisting significant others, organizations and communities to understand, treat and prevent substance abuse and dependence. Develop practice strategies that will prepare them to deliver services at the micro, meso and macro levels. Not available for use on a graduate study plan.

437 Co-Occurring Disorders: Assessment, Treatment and Referral (3)
Prerequisite: HUSR 201. Concepts, definitions and features of co-occurring mental disorders and substance-related disorders in individuals seen in human services settings; includes screening, assessment, case management and service delivery for such individuals. Not applicable to graduate degree requirements.

440 Abuse of Persons with Disabilities: Assessment, Evaluation and Intervention (3)
Prerequisites: HUSR 201, 380. Abuse towards persons with disabilities via the context of assessment, evaluation and intervention. Societal and cultural factors that promote abuse towards persons with disabilities. Offered online only.
445 Persons with Disabilities and Human Services Community Support systems (3)
Prerequisite: HUSR 201. Diversity model approach to human service practice for persons with disabilities. Topics include societal and professional stereotypes, disability, culture, disability groupings, guidelines for practice with persons with disabilities, systems and community support for persons with disabilities. Offered online only.

465 Human Services Delivery to Latinos (3)
Prerequisite: HUSR 201. Theory, research findings and intervention strategies related to contemporary issues faced by paraprofessional human service workers in working with Latino populations. Cultural competence when serving Latinos in mental health, social welfare and educational agencies.

450 Theory and Practice of Group Counseling (3)
Prerequisites: HUSR 300, 380 and consent of instructor. Critical evaluation of 10 contemporary theoretical approaches to group counseling, as well as issues in group work. Emphasizes applying theories and techniques to actual group situations.

470 Evaluation of Human Services Programs (3)
Prerequisite: HUSR 385. Making program objectives measurable; determining appropriate methodology and techniques to evaluate effectiveness, efficiency and process variables; practical problems of program evaluation. One or more sections offered online.

475 Human Services Policy and Practice (3)
Pre- or corequisite: HUSR 201. Relationship between policy and practice. Problem of inequities and inequalities in the distribution of resources through social policies and social welfare programs. Particular attention is paid to how policy impacts service delivery to disenfranchised groups. Offered online only.

480 Case Analysis and Intervention Techniques (3)
Prerequisites: HUSR 380, 396, 396L. Psychodynamic principles of evaluation, diagnosis and intervention; techniques of counseling appropriate to diverse populations; application of a psychoanalytic perspective to the diagnostic categories of the DSM-IV.

490 Practicum in Group Leadership (3)
Prerequisites: HUSR 300, 380 and consent of instructor. Supervised experience as a group leader. Approaches and techniques of group leadership. May be used as a substitute for 495/495L or 496/496L. Coordinator approval needed for substitution for 495/495L or 496/496L. May be repeated once for credit.

495 Fieldwork Seminar (2)
Prerequisites: HUSR 396, 396L. Corequisite: HUSR 495L. Classroom analysis of agency experience focusing on skills and techniques of human service workers and organizational analysis. One or more sections offered online.

495L Fieldwork (1)
Prerequisites: HUSR 396, 396L. Corequisite: HUSR 495. Supervised fieldwork in one or more human service agencies for a minimum of eight hours per week. Credit/No Credit only.

496 Internship Seminar (2)
Prerequisites: HUSR 495, 495L; or HUSR 490 when taken in lieu of 495 and 495L; and at least two courses in approved specialization. Corequisite: HUSR 496L. Supervised internship in a community service agency in area of specialization. Seminar consists of group supervision and discussion of cases. One or more sections offered online. Credit/No Credit only.

496L Internship (1)
Prerequisites: HUSR 495, 495L; or HUSR 490 when taken in lieu of 495 and 495L. Corequisite: HUSR 496. Requires 120 hours of supervised internship experience in one or more human service agencies in one semester. One or more sections offered online. Credit/No Credit only.

499 Independent Study (1-3)
Prerequisites: approval of coordinator, consent of instructor, and junior or senior standing. Individual research project, either library or field, under the direction of a faculty member. May be repeated for credit. Only three units per semester.